

Transgender Resources

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Resources for Transgender People in Crisis

Transgender people in crisis should contact the following resources:

- [The Trevor Project's 24/7/365 Lifeline](#) at 866-4-U-TREVOR (866-488-7386) or [TrevorChat](#), their online instant messaging option, or [TrevorText](#), a text-based support option
- [The National Suicide Prevention Lifeline](#) at 800-273-TALK (8255)
- [Trans Lifeline](#) at 877-565-8860
- Do you live outside the United States? If so, check out [The Trevor Project's list of international resources here](#).

Transgender Organizations

- [National Center for Transgender Equality \(NCTE\)](#) (advocacy)
- [Transgender Law Center \(TLC\)](#) (legal services and advocacy)
- [Gender Proud](#) (advocacy)
- [Sylvia Rivera Law Project \(SRLP\)](#) (legal services)
- [LAMDA Legal](#) (legal services)
- [Transgender Legal Defense and Education Fund \(TLDEF\)](#) (legal services)
- [Trans People of Color Coalition \(TPOCC\)](#) (advocacy)
- [Trans Women of Color Collective \(TWOCC\)](#) (advocacy)
- [Black Trans Advocacy](#) (advocacy)
- [Trans Latina Coalition](#) (advocacy)
- [Gender Spectrum](#) (support for families, trans youth, and educators)
- [Gender Diversity](#) (support for families, trans youth, and educators)
- [Trans Youth Equality Federation](#) (support for families and trans youth)
- [Trans Youth Family Allies \(TYFA\)](#) (support for families and trans youth)
- [TransTech Social Enterprises](#) (economic empowerment)
- [SPART*A](#) (advocacy for trans military service members)
- [Transgender American Veterans Association](#) (advocacy for trans veterans)
- [TransAthlete.com](#) (info about trans athletes)
- [TransLife Center at Chicago House](#) (support services)

**The Hyperlinks listed on this document are available on the Oklahoma City University website at www.okcu.edu/campus/resources/counseling

Transgender Programs at LGBT Organizations

- [GLAAD's Transgender Media Program](#) (media advocacy)
- [Freedom for All Americans](#) (policy and legislative advocacy)
- [PFLAG Our Trans Loved Ones](#) (support for families of people who are trans)
- [PFLAG Transgender Resources](#) (resources for trans people and their families)
- [PFLAG's Transgender Ally campaign](#) (advocacy)
- [COLAGE Kids of Trans Community](#) (support for kids of trans parents)
- [The Task Force's Transgender Civil Rights Project](#) (advocacy)
- [HRC's transgender resources](#) (advocacy)
- [American Civil Liberties Union \(ACLU\)](#) (legal services)
- [National Center for Lesbian Rights - Transgender Law](#) (legal services)

General Information and Resources

- The [2015 U.S. Trans Survey](#) is the largest survey of transgender people ever conducted. The data has also been broken down by race, ethnicity, and geography. The survey's results detail the extent of the poverty, discrimination, and violence faced by transgender people. The results are also available in Spanish.
- [Transgender Lives: Your Stories](#) is an interactive campaign created by *The New York Times* to allow transgender people to tell their own stories in their own words.
- [I AM: Trans People Speak](#) is a campaign created by the [Massachusetts Transgender Political Coalition \(MTPC\)](#) and sponsored by [GLAAD](#) to raise awareness about the diversity of transgender communities. It lifts the voices of transgender individuals, as well as their families, friends, and allies.
- [The Trans 100](#) was an annual list of 100 amazing and inspiring trans Americans who are visible within their communities.
- [We Happy Trans](#) is a website devoted to sharing positive stories from trans people everywhere.
- [TSER](#), Trans Student Educational Resources, provides trans information on school issues and supports efforts for creating policy change in school districts.

Oklahoma Organizations

- [Oklahomans for Equality](#) (support services)
- [SISU Youth Services](#) (shelter and support for homeless youth)
- [Diversity Center of Oklahoma](#) (trans healthcare, and support for families and youth)
- [Open Arms - Tulsa](#) (support for families and youth)
- [OU Children's - Roy G. Biv Clinic](#) (LGBTQ healthcare services up to age 25)
- [Q Space](#) (support for families, trans youth and young adults)
- [Trust Women](#) (transgender healthcare)
- [ACLU Oklahoma](#) (legal services)
- [Expressions Church](#) and [Mosaic United Methodist Church](#) (LGBTQ affirming services)