

PETREE COLLEGE OF ARTS & SCIENCES
Four Year Plan (124 CHs total) *
Bachelor of Science (B.S.) in Exercise Science Degree

First Year – Fall Semester	✓	First Year – Spring Semester	✓
Introduction to ESS (ESS 1602) <input type="checkbox"/> Fundamentals of Biology with lab (BIOL 1214) <input type="checkbox"/> English Composition I (ENGL 1113) <input type="checkbox"/> Liberal Arts Seminar (LAS 1063) <input type="checkbox"/> General education course <input type="checkbox"/> Total: 15-16 CHs		ESS Elective <input type="checkbox"/> English Composition II (ENGL 1213) <input type="checkbox"/> General education course(s) <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	
Second Year – Fall Semester	✓	Second Year – Spring Semester	✓
Human Anatomy & Physiology I (BIOL 2003) <input type="checkbox"/> Human Anatomy & Physiology I Lab (BIOL 2041) <input type="checkbox"/> Statistics for the Behavioral Sci. (PSYC 2303) <input type="checkbox"/> General education course(s) <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs		Kinesiology & Biomechanics (ESS 3213) <input type="checkbox"/> Kinesiology & Biomechanics Lab (ESS 3241) <input type="checkbox"/> Human Anatomy & Physiology II (BIOL 2103) <input type="checkbox"/> Human Anatomy & Physio. II Lab (BIOL 2141) <input type="checkbox"/> Medical Vocabulary (BIOL 2852) <input type="checkbox"/> General education course(s) <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	
Third Year – Fall Semester	✓	Third Year – Spring Semester	✓
Physiology of Exercise (ESS 3413) <input type="checkbox"/> Physiology of Exercise Lab (ESS 3441) <input type="checkbox"/> General Chemistry I (CHEM 1104) <input type="checkbox"/> General Chemistry I Lab (CHEM 1141) <input type="checkbox"/> Lifespan Development (PSYC 2013) <input type="checkbox"/> General education course(s) <input type="checkbox"/> Total: 15-16 CHs		General Chemistry II (CHEM 1204) <input type="checkbox"/> General Chemistry II Lab (CHEM 1241) <input type="checkbox"/> Internship (ESS 4483) <input type="checkbox"/> ESS Elective or BIOL Elective <input type="checkbox"/> ESS Physical Activity (ESS 1161) <input type="checkbox"/> General education course(s) <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	
Fourth Year – Fall Semester	✓	Fourth Year – Spring Semester	✓
ESS Elective <input type="checkbox"/> ESS Elective <input type="checkbox"/> General Physics I (PHYS 1503) <input type="checkbox"/> General Physics I (PHYS 1541) <input type="checkbox"/> General education course(s) <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs		EXRX (ESS 4303) + Lab (ESS 4341) <input type="checkbox"/> ESS Elective <input type="checkbox"/> Capstone (ESS 4663) <input type="checkbox"/> General Physics II (PHYS 1603) <input type="checkbox"/> General Physics II (PHYS 1641) <input type="checkbox"/> General education course(s) <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	

& MINOR in:		
Courses		CHs

 Advisor Signature MM DD YYYY

 Student Signature MM DD YYYY

GENERAL EDUCATION

✓	Requirements:	BS	BA								
<input type="checkbox"/>	English Composition I (ENGL 1113)	3									
<input type="checkbox"/>	English Composition II (ENGL 1213)	3									
<input type="checkbox"/>	Liberal Arts and Sciences Seminar (LAS 1063)	3									
<input type="checkbox"/>	The Bible and Culture (REL 1003) OR Introduction to World Religions (REL 1513)	3									
<input type="checkbox"/>	Literature: World (ENGL 2603) OR Western (ENGL 2103) OR British (ENGL 2403, 2413, 2703) OR American (ENGL 2713, 2813)	3									
<input type="checkbox"/>	Fine Arts (Any ART, FILM, MUS, THRE, DANC or INDP 1013)	3									
<input type="checkbox"/>	Philosophy/Ethics: PHIL/REL 2213, 2163 OR MGMT 2223 OR PHIL/PHRH 2513 OR PHIL/REL 2703	3									
<input type="checkbox"/>	American/U.S. History (HIST 1003 or HIST 1103) (International Students must take HIST 1113)	3									
<input type="checkbox"/>	American Governance (POLS 1113) (International students must take POLS 1013)	3									
<input type="checkbox"/>	Introduction to Sociology (SOC 2013) OR Introduction to Psychology (PSYC 1113)	3									
<input type="checkbox"/>	Mathematics (MATH 1503, ECON 2123, PSYC 2303 or a higher -level mathematics class)	3									
<input type="checkbox"/>	Methods of Scientific Inquiry (SCI 1003)	3									
<input type="checkbox"/>	Integrated Science Laboratory (SCI 1041) [Not required for those who have passed a 2000 level or above lab science]	1									
<input type="checkbox"/>	<table border="1"> <tr> <th>BS</th> <th>BA</th> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> </table> Foreign Language (BS/BFA requires 6 hours; BA requires 12 hours)	BS	BA							6	12
BS	BA										
<input type="checkbox"/>	Cross-Cultural Studies										
<input type="checkbox"/>	Service Learning										
<input type="checkbox"/>	Capstone										
<input type="checkbox"/>	Public Speaking (PHRH 1103)	3									
<input type="checkbox"/>	Laboratory Science (BIOL, CHEM, or PHYS)	4									
<input type="checkbox"/>	International or Diversity (approved courses or study abroad)	3									

* Specific course offerings may vary dependent upon enrollment and faculty availability; courses may not fall in the exact semester listed above.
 ** This template, of 15-16 CHs per semester, with a 124 CHs total (some dedicated to the Major and some dedicated to General Education), will result in a 4-year degree completion.