

Oklahoma City University



Alcohol and Other Drugs Committee

OKLAHOMA CITY UNIVERSITY

Drug Free Schools and Campuses Biennial Review

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Oklahoma City University complies with the Drug-Free Schools and Communities Act of 1989 which requires institutions of higher education to design and implement alcohol and illicit drug programs on their campuses, as a condition of receiving federal funds. The act requires a biennial review of the programs provided by the University.

Philosophy:

Beyond the legal requirements, OCU is a faith-based University, embracing the traditions of the United Methodist Church. The rigorous curriculum focuses on Student's intellectual, moral and spiritual development to prepare each student to become effective leaders in service to their communities. Oklahoma City University approaches alcohol and other drug abuse with compassion. Guidance is direct, firm, and supportive with proactive programs in place to educate students and employees.

Drug and Alcohol Prevention and Education:

Alcohol Policy

Oklahoma City University does not allow alcohol use on campus. Unauthorized possession, use, or distribution of alcoholic beverages is prohibited by any student or student group on campus or at University-sponsored events on-and-off campus. Under no circumstances is alcohol permitted in any residential facility owned and operated by the University. According to Oklahoma law (**§37-241.**), Any person who willfully furnishes alcohol to a minor will be guilty of a misdemeanor for a first violation and shall be punished by a fine of not more than Five Hundred Dollars (\$500.00), or imprisoned in the county jail for not more than one (1) year, or by both such fine and imprisonment.

In addition, under Oklahoma Law (**§37-246**), Any minor in possession shall be guilty, upon conviction, of a misdemeanor and punished by a fine not to exceed Three Hundred Dollars (\$300.00) or ordered to perform community service not to exceed thirty (30) hours, or both such fine and community service. In addition, if the person has an Oklahoma driver license issued by the Department of Public Safety, that license shall be revoked for the period of time provided in Section 6-107.1 of Title 47 of the Oklahoma Statutes. If the person does not have an Oklahoma driver license, the person shall be ineligible to obtain an Oklahoma driver license for the period of time provided in Section 6-107.1 of Title 47 of the Oklahoma Statutes.

Social host laws were passed and implemented in 2011. HB 1211 clearly states that *No person shall knowingly and willfully permit any individual under twenty-one (21) years of age ...to possess or consume any alcoholic beverage... any low-point beer... any controlled dangerous substance... or any combination thereof.* HB 1211 has a sliding scale from a misdemeanor conviction and fines for first-time offenders of \$500 or less to a felony conviction, fines up to \$2,500 and jail time of up to five years for repeat offenders. Also, any convicted Social Host can be convicted of a felony; pay the top fines and serve jail time in addition to those already assessed if "great bodily injury or the death of a person" occurs.

Drug Policy

Oklahoma City University does not condone or permit the possession, use, distribution, or sale of any controlled dangerous substance on the campus, the areas surrounding the campus, or at University-sponsored events on and off the campus. Students found responsible of violating the policy will be subject to disciplinary action, which could include suspension or expulsion from the University.

It is the expectation of Oklahoma City University that students, faculty, and staff who observe or suspect that a violation of the substance abuse policy is being committed in noted jurisdictions will report it to the appropriate authorities. While the major thrust of Oklahoma City University is drug education and prevention, the University will take appropriate disciplinary actions to provide a drug free environment in which our students may grow intellectually and socially.

PREVENTION

Alcohol and other drug abuse are major college student health concerns. More than 200,000 are affected nationally and the numbers are growing. Oklahoma City University's substance abuse policy couples an abstinence-based policy, steeped in a clear and consistent no-use message, with harm reduction theory to reduce the number of incidents of risky behaviors that are frequently associated with alcohol and other drug abuse. The campus prevention program emphasizes preventive education and early intervention. The program avoids common red flags in prevention that have the specific or tertiary effect of instilling fear of alcohol and drugs. The end goal of this programming is to create a non-threatening environment where students are encouraged to engage in meaningful discussions, prompt reflection, and an increased understanding of alcohol and drug related values, beliefs, and behavior.

Oklahoma City University's substance abuse education/prevention program provides many opportunities. Any student experiencing substance abuse problems is encouraged, voluntarily, on a confidential basis, to report the problem to student counseling or any other trusted staff member. Included in this definition are student health professionals, housing, campus security, and the Dean of Students. These individuals will be responsible for reporting this information to the appropriate campus personnel.

In alignment with the Institute of Medicine (IOM) Prevention Model, OCU's efforts are broken into three parts:

- i) **Universal Prevention** is offered to everyone regardless to the presence or absence of risk factors. These include drug and alcohol-free activities delivered by faculty and staff in university housing as well as **SGA** offerings. Attached is a complete calendar of activities currently offered by OCU (Appendices A).
 - a. Incoming freshman, transfer students, and all new law students will participate in orientation programming that includes information about alcohol and other drug policies, as well as online screeners.

- b. Parents of incoming undergraduates will receive a letter from the Dean of Students outlining the institution’s alcohol and other drug policy and the student conduct process. Letters will also include Normative Theory and clearly state that alcohol and other drugs are not the norm on the college campus, or the expectation. A welcome letter with this information will be sent to the students.
 - c. All students who reside in campus housing will attend a mandatory campus safety meeting each fall.
- ii.) **Selective Prevention** activities are for the OCU population who are indicated through an on-line screener as those who are at high risk of engaging in risky behaviors. These include freshman, incoming students, 1L’s, Pan-Hellenic groups and athletics. These activities are targeted specifically toward these groups and may include: required attendance at forums and guest speaking engagements centered around substance abuse prevention and/or further screenings with a counselor regarding at-risk behaviors.

Although OCU is a “dry” campus we believe that a multi-faceted approach to this very sensitive topic is very necessary to meet the needs of our students who demonstrate high risk factors. Age appropriate harm reduction sessions focusing on responsible drinking, designated drivers, ramifications of alcohol and drug abuse, and social responsibility, among other topics, will be discussed. This harm reduction approach has proven to be successful on college campuses with 68% of the student population self-determining to abstain from alcohol use.

- iii.) **Indicated Prevention** is directed at students who have been identified through brief intervention or treatment and will remain on case management status for the remainder of the academic year with recommendations for the ensuing academic school year to be determined by the appropriate staff. This activity will be considered post-intervention and will encourage students to make healthy choices, follow treatment or counseling recommendations, and help deter future risk behaviors. It will also help quickly direct those students back to appropriate personnel in instances of relapse. Mentees may be assigned to Senior Residents, Student Success Coordinators, and selected Student Affairs Personnel; this peer/trusted adult support model provides knowledge, experience, emotional, social, and practical help.

In the OCU context, the model refers to trained supporters who listen, mentor, or provide support. The implication is that the relationship is one of equality, trust, and positive coaching/nurturing. The underlying context is vested in social support, social learning theory, social comparison, and social norms theory. Activities will be reviewed by the substance abuse advisory group on a quarterly basis with insertions or deletions at the consensus of the group.”

PARENTS

Parents are valued partners in the educational process and provide a strong foundation for prevention. Parents are included in new student orientation week and will receive seminars from Certified Prevention Specialists or Licensed and Certified Behavioral Health Staff.

Parents will also be supported throughout the academic year at key times with mail-outs, emails, and social media updates on topics such as positive family support, healthy alternatives to stress, and communicating with emerging adults. The focus is to help parents communicate effectively and facilitate healthy life transitions.

SCREENING / EDUCATION

In keeping with a prevention-based foundation, Oklahoma City University will align itself with a Screening, Brief Intervention, and Referral to Treatment (SBIRT) model. "Screening tests are a first-line defense in the prevention of disease" (NIAAA, 2005). Screeners can be utilized at any time, however, every freshman and incoming transfer student will be required to fill out and complete an online screening, Reslife.net, by October 1st. If not completed by that time, enrollment for the spring semester will be delayed until completed.

All screening activities will take place in a confidential setting and results will be treated as confidential information. Students indicated at-risk for potential addiction-related behavior will be referred to the University Counseling Center (UCC) for brief intervention (BI). A comprehensive list of substance abuse agencies in the community will be made available to all of those who are regarded as high at-risk as determined by the results of the UCC BI.

Alcohol Responsibility Sessions, led by trained head RA's, must also be completed by October 1st. If the student does not complete these sessions by October 1st, they will not be allowed to enroll in the spring semester.

At this time, and for the purposes of the OCU Prevention Program, use is defined as the use, abuse, of drug or alcohol by students but they are not dependent on the substance. Addiction is the use of drugs and alcohol with a dependency on them regardless of consequences. The majority of students on the OCU campus would fall under the use/abuse category.

University Counseling will also provide educational programming accessible to students one time per semester, to be held in conjunction with the weeks prior to Fall and Spring breaks. Programming formats have included interactive and hands-on learning, including a walk-through demonstration of being arrested for a DUI/possession of illicit substances. Information presented included "drunk goggles", the cost of a DUI, and consequences through the university.

BRIEF INTERVENTION

Brief Intervention will be provided for low cost on campus by a Licensed Drug and Alcohol Counselor and/or a Certified Prevention Specialist. Students under the age of 18 can self-refer to BI or be recommended by faculty/staff, policy infractions, Student Success Coordinator, and parents. Students over 18 should be encouraged to call the Director of University Counseling and set up their own appointment.

Three assessment tools will be utilized during the intervention including the ASI (Addiction Severity Index), SASSI (Substance Abuse Subtle Screening Inventory), and ASAM Placement Criteria. Six sessions will be offered for \$100, one-time fee, to the student and will include:

- Session 1. SASSI will be given upon intake and along with other Intake Paperwork.
- Session 2. ASI/ASAM will be given to the student orally at their follow up session.
- Session 3. Results from the above assessments will be given to the student upon the third session. At that time, the counselor will provide the student with a copy of his/her "Statement of Professional Disclosure."
- Session 4. Based upon individuals needs numerous therapy techniques will be utilized including: motivational interviewing, cognitive behavioral therapy, reality therapy and psycho-education.
- Session 5. Continuation of care
- Session 6. Refer out if needing further treatment or successful completion.

At any time during the Brief Intervention a student can be given a free referral to treatment for a higher level of care. A need for higher level of care would include continuation of usage despite the consequences with the risk of self or others. Upon successful completion a person would be given a mentor for post-vention, or follow up. If a student self-refers, amnesty from consequences should be considered. Again, six sessions will be offered free of charge to the student with a one-time \$100 assessment fee.

REFERRAL TO TREATMENT

Students who exhibit addictive behaviors will be given the option of attending treatment. A free referral to substance abuse treatment will be given to the student whose assessment results indicate a higher level of care. Counseling will refer them to treatment but will not recommend a certain facility.

As a matter of policy Oklahoma City University will not make referrals to counseling or treatment facilities instead a list of accredited agencies in the area will be given and the student will then make the choice. This releases the university from any liability concerns stemming from the treatment modalities utilized.

Assessment results will indicate the need for Detox, Inpatient, or Outpatient. Brochure and pamphlets and marketing materials will be provided to students. These agencies will be accredited through the Oklahoma Department of Mental Health and Substance Abuse Services.

CONSEQUENCES

Consequences should be individually based within this framework. Students who violate the OCU Student Code of Conduct and present symptoms of drug and alcohol use/abuse are referred for screening and/ or re-assessed, and then brief intervention. Consequences should fit the “crime” and be progressive. Consequences should take into account grades, attendance, etc. All students should be given the opportunity to receive counseling and or referral to treatment before suspension or expulsion, or if the student put into writing that they have refused the services offered.

Students found responsible of drug and alcohol related offenses are subject to campus disciplinary action that provides for sanctions of varying severity including minimum administrative fee of \$100 dollars, a \$100.00 assessment fee, loss of campus housing, suspension and expulsion. The campus police will be notified and also the parent(s)/legal guardian(s) of students under the age of 21. Severe violations of the substance abuse policy, such as possession with intent to distribute, purchasing for a minor, destruction of property, or assault and battery while under the influence of substance use may subject the student to interim suspension, suspension, expulsion and/or arrest.

Any student who self-refers and is found to be addicted to any substance shall not be suspended or expelled unless the behavior becomes a threat to the personal safety of themselves, or those around them.

If a student is determined to be under the influence and exhibits aggressive behavior or is deemed to be harmful to themselves or others, they can be transported to an inebriation alternative center as an option to county jail. If at any time during their visit they are non-compliant, they will automatically be transported to county jail.

Sanctions:

Level I infractions are first time offenders and may be referred to brief intervention and possible treatment and assigned community service.

Level II Infractions are those who have been through counseling, and/or treatment. These students should be reassessed by the counseling center or treatment provider for relapse and reassignment of treatment/counseling plan. Additional penalties could be included (Fine or Community Service not exceed 30 days).

Level III Infractions are individuals with repeated behaviors that may warrant outpatient or inpatient long-term treatment. (Off campus)

Level IV Individuals found in possession of a felony substance, and/or possession with the intent of remuneration. Students are considered on the severe clause and may not receive counseling services

but move directly to severe consequences to include possible fines, suspension, expulsion, and suspension from campus living, arrest.

OKLAHOMA CITY UNIVERSITY'S POLICY ON PARENT/LEGAL GUARDIAN NOTIFICATION OF ALCOHOL AND CONTROLLED SUBSTANCE VIOLATIONS

The Higher Education Act Amendments of 1998 included provisions amending the Family Educational Rights and Privacy Act of 1974 ("FERPA"). Specifically, FERPA now authorizes higher education institutions to disclose to a student's parent or legal guardian information regarding "any violation of Federal, State, or local law, or any rule or policy of the institution governing the use or possession of alcohol or a controlled substance, regardless of whether the information is contained in the student's educational records."

Oklahoma City University, in accordance with Federal law, utilizes the following criteria for parent/legal guardian notification:

Part I

Such disclosures are authorized only if:

1. The student is under the age of 21; and
2. The institution has determined that the student has committed a disciplinary violation with respect to the use or possession of alcohol or a controlled substance.

Part II

In addition to part I, at least one of the criteria below must be met:

1. The student has been found responsible for committing a violation of Oklahoma City University's Substance Abuse Policy.
2. The incident involved significant property damage.
3. Medical attention to any person, including the student, was required as a result of the alcohol or drug-related behavior.

If any one feels that they were wrongly accused, they will have the option of Appealing to an Appeal board.

Alcohol and Other Drug Policy:

The Oklahoma City University Alcohol and Other Drug Use Policy can be found online in the Student Handbook.

<http://starnet.okcu.edu/StuAffairs/Student%20Handbook%20and%20Student%20Code/2015-16%20Student%20Code%20of%20Conduct.pdf>

The policy is also listed below.

“Oklahoma City University is to be a safe environment free from alcohol and other drugs. The University recognizes that the use of alcohol and illegal drugs diminishes the strength and vitality of human resources and the integrity of the institution. It is the intent of the University to educate and encourage students to abstain from alcohol and other drugs.

Alcohol and Drug Education

“Oklahoma City University recognizes its responsibility to help educate its students concerning alcohol and other drug use, abuse, and addiction. The University will offer lectures, courses, workshops, and prevention programs. The Dean of Students Office, Student Health, and the University Counselor will provide literature on resources, referral services and educational material on the use, abuse, and addiction to all drugs and treatment options.

Drug and Alcohol Dependency Testing

The University may require any student, who is reasonably suspected of drug use, to undergo drug testing. The University may require a drug and alcohol dependency evaluation with either an in-house or contracted program that provides substance abuse counseling, treatment, or rehabilitation. A release of information form provided by the University must be signed by the student prior to any referral for testing or counseling. Students receiving sanctions requiring treatment may use any other certified program. In any case, a student must provide proof of treatment before consideration is given to his or her reinstatement.

Disciplinary Action for Drug and Alcohol Use

Any student found using or distributing alcohol and other drugs on campus, in on-campus housing, or during campus- sponsored activities can face disciplinary action by the University. The disciplinary action may include a drug assessment, referral for counseling, and/or treatment based upon the recommendation of a University approved counselor or counseling service. The University may take disciplinary action against a student who refuses to undergo drug and alcohol testing. Any student has the right to an explanation, in confidence, of the test results and may obtain a copy of all information and records related to testing. Information related to drug and alcohol tests will be kept confidential and apart from other student records.”

Employees

Policies have been established by the Human Resources Department regarding prohibiting Drug and Alcohol Use. Policies 7.01 and 7.02 can be found in the Staff Handbook, located online at <http://starnet.okcu.edu/admin/HR/Policies/Staff%20Handbook.pdf>

OCU Student Code of Conduct				
Annual comparison of Alcohol and Controlled Substance Violations				
	2013-14		2014-15	
	#	% total	#	% total
Total Charges	117	100%	38	100%
Controlled Substances	10	8%	5	13%
Alcohol	84	72%	29	76%
Alcohol & Drugs Combined	94	80%	34	89%

Biennial review

The Drug and Alcohol policy was last revised in May 2016. The most currently policy was placed in the student handbook and OCU website. The policy will be reviewed again in Spring of 2017 to comply with university policy. Those on the committee for review and policy include representatives from:

- Counseling
- Health
- Police
- Housing
- Athletics
- Religion
- Student affairs
- International
- Intramural sports
- Student body representative

Policy Distribution:

The AOD Policy distribution process to OCU Students is handled through a variety of methods:

1. Freshman Orientation/New Student Orientation/Registration sessions. The students are required to attend on campus orientation sessions where the Drug Free information is highlighted.
2. The Student Handbook includes a section for the AOD Policy and the Drug Free Schools Act information is included for the students to read and review.
3. Parents are given information through mailings and emails regarding the Drug Free Schools Act as well as during Orientation sessions each year.

OCU Employees receive the same Drug Free information also through a variety of methods:

1. New employee orientation sessions include the Drug Free Schools Act information.
2. Employee Handbook is provided at the orientation and includes the AOD Information.
3. The AOD policy is listed online for viewing at any time by employees as well as students and parents. This policy is reviewed and updated every two years and posted on the OCU Website.

Federal Trafficking Penalties – Marijuana

DRUG	QUANTITY	1 ST OFFENSE	2 ND OFFENSE
Marijuana	1,000 kg or more mixture; or 1,000 or more plants	<ul style="list-style-type: none"> • Not less than 10 years, not more than life • If death or serious injury, not less than 20 years, not more than life • Fine not more than \$4 million if an individual, \$10 million if other than an individual 	<ul style="list-style-type: none"> • Not less than 20 years, not more than life. • If death or serious injury, mandatory life • Fine not more than \$8 million if an individual, \$20 million if other than an individual
Marijuana	100 kg to 999 kg mixture; or 100 to 999 plants	<ul style="list-style-type: none"> • Not less than 5 years, not more than 40 years • If death or serious injury, not less than 20 years, not more than life • Fine not more than \$2 million if an individual, \$5 million if other than an individual 	<ul style="list-style-type: none"> • Not less than 10 years, not more than life • If death or serious injury, mandatory life • Fine not more than \$4 million if an individual, \$10 million if other than an individual
Marijuana	more than 10 kg hashish; 50 to 99 kg mixture more than 1 kg of hashish oil; 50 to 99 plants	<ul style="list-style-type: none"> • Not more than 20 years • If death or serious injury, not less than 20 years, not more than life • Fine \$1 million if an individual, \$5 million if other than an individual 	<ul style="list-style-type: none"> • Not more than 30 years • If death or serious injury, mandatory life • Fine \$2 million if an individual, \$10 million if other than individual
Marijuana	1 to 49 plants; less than 50 kg mixture	<ul style="list-style-type: none"> • Not more than 5 years • Fine not more than \$250,000, \$1 million other than individual 	<ul style="list-style-type: none"> • Not more than 10 years • Fine \$500,000 if an individual, \$2 million if other than individual
Hashish	10 kg or less		
Hashish Oil	1 kg or less		

Federal Trafficking Penalties

DRUG/SCHEDULE	QUANTITY	PENALTIES	QUANTITY	PENALTIES
Cocaine (Schedule II)	500 – 4999 grams mixture	First Offense: Not less than 5 years and not more than 40 years. If death or serious injury, not less than 20 or more than life. Fine of not more than \$2 million if an individual, \$5 million if not an individual. Second Offense: Not less than 10 years, and not more than Life. If death or serious injury, life imprisonment. Fine of not more than \$4 million if an individual, \$10 million if not an individual	5 kg or more mixture	First Offense: Not less than 10 years and not more than life. If death or serious injury, not less than 20 years or more than life. Fine if not more than \$4 million if an individual, \$10 million if not an individual Second Offense: Not less than 20 years, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$20 million if not an individual. 2 or More Prior Offenses: Life imprisonment
Cocaine Base (Schedule II)	5 – 49 grams mixture		50 grams or more mixture	
Fentanyl (Schedule II)	40 – 399 grams mixture		400 grams or more mixture	
Fentanyl Analogue (Schedule I)	10 – 99 grams mixture		100 grams or more mixture	
Heroin (Schedule I)	100 – 999 grams mixture		1 kg or more mixture	
LSD (Schedule I)	1 – 9 grams mixture		10 grams or more mixture	
Methamphetamine (Schedule II)	5 – 49 grams pure or 50 – 499 grams mixture		50 grams or more pure, or 500 grams or more mixture	
PCP (Schedule II)	10 – 99 grams pure or 100 – 999 grams mixture	100 grams or more pure, or 1 kg or more mixture		
PENALTIES				
Other Schedule I and II drugs (and any drug product containing Gamma Hydroxybutyric Acid)	Any amount	First Offense: Not more than 20 years. If death or serious injury, not less than 20 years, or more than life. Fine \$1 million if an individual, \$5 million if not an individual. Second Offense: Not more than 30 years. If death or serious injury, not less than life. Fine \$2 million if an individual, \$10 million if not an individual.		
Flunitrazepam (Schedule IV)	1 gram or more			
Other Schedule III drugs	Any amount	First Offense: Not more than 5 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 10 years. Fine not more than \$500,000 if an individual, \$2 million if not an individual.		
Flunitrazepam (Schedule IV)	30 to 999 mg			
All other Schedule IV drugs	Any amount	First Offense: Not more than 3 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 6 years. Fine not more than \$500,000 if an individual, \$2 million if not an individual.		
Flunitrazepam (Schedule IV)	Less than 30 mg			
All Schedule V drugs	Any amount	First Offense: Not more than 1 year. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. Second Offense: Not more than 2 years. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.		

AOD Program and Recommendations:

1. Implement and deliver a formal survey on campus consistent with ongoing programs elsewhere in the nation.
2. Continue to provide AOD Programming that focus on alcohol abuse while enhancing efforts to address marijuana and prescription drug abuse.
3. Continue to change the culture of AOD among college students in addition to prevention, intervention, and harm reduction.
4. Identify Drug Free Program strengths and weaknesses.
5. Integrate education and prevention programming through the Health Campus Committee activities.